# Sailing Instructions National Long Distance Race North Bay Yacht Club

# 1. RULES

1.1 The Regatta will be governed by the current racing rules of sailing (RRS) as published by the CYA, except as any of these rules are altered by these sailing instructions.

# 2. ENTRIES

2.1 Eligible boats may be entered by completing registration with the Organizing Committee. Skippers must be current members of their national Wayfarer Class Association.

# 3. NOTICES TO COMPETITORS

3.1 Notices to competitors will be posted on the official notice board located on the lower floor of the North Bay Yacht Club.

### 4. CHANGES IN THE SAILING INSTRUCTIONS

4.1 Any changes to the sailing instructions will be posted prior to 0900 on day of race. Changes to schedule will, if possible, be posted by 2100 hours the previous night.

# 5. SIGNALS MADE ASHORE

5.1 Not applicable.

# 6. CHECK IN ON THE WATER

6.1 A boat that retires from the race shall notify the Race Committee as soon as possible.

### 7. SCHEDULE OF RACES

7.1 One (1) race is scheduled. The Warning Signal for the first race will be at approximately 1100 hrs or as notified at the Skipper's meeting.

# 8. RACE AREA

8.1 The Starting and Finish Area for the race will be adjacent to the NBYC harbour area.

# 9. COURSES

9.1 Course(s) will be as per the chart provided all Skippers

# 10. MARKS

10.1 In Callander Bay, the rounding marks, where applicable, will be the NBYC white or yellow coloured cylinders placed permanently in the bay. The mark in the main body of Lake Nipissing is the green navigational marker "J5". All marks rounded to Port.

# 11. THE START

Note: An optional `Rabbit` start may be selected on the day of the race, depending on wind direction. Details of the `Rabbit` start will be provided at the Skipper's meeting.

If the 'Rabbit' start is not used, then the following start will apply.

- 11.1 The Start Line will be between the NBYC Harbour light pole and the yellow start mark (or as may be otherwise identified at the Skipper's meeting).
- 11. Starting sequence: Long air horn signal at 6 minutes as warning, air horn blast at 5 minutes and the Wayfarer class flag raised, at 4 minutes the blue flag is raised and horn sounds, at 1 minute blue flag comes down and a horn sounds. At start of race, Wayfarer class flag comes down

- and air horn sounds. The flag will prevail over the horn; pay attention to the flags. Flags will be displayed from the NBYC pier unless an alternative location is identified at the Skipper's meeting.
- 11.3 If the I-flag (yellow with black dot) is raised, the "round-the-end" rule will apply to any boat crossing the starting line or its extensions during the minute before the starting signal. Note that there may be only one end to round.
- 11.4 A boat starting later than 10 minutes after the starting signal will be scored DNS (Did Not Start). This modifies RRS A4.1

# 12. RECALLS

- 12.1 Individual A black flag shall be raised and the committee will attempt to hail.
- 12.2 General Recall 3 consecutive, short blasts of air horn. This modifies the RRS.

# 13. CHANGE OF COURSE

13.1 The course may be changed at the discretion of the Race Committee. This modifies the RRS.

# 14. SHORTENED COURSE

- 14.1 The Race may be shortened at the discretion of the Race Committee. This may be done at any Mark. This modifies RRS 32.
- 14.2 Notification of a shortened course will be indicated by two (2) consecutive, long blasts of the air horn.

# 15. FINISH LINE

15.1 The Finish Line will be between the NBYC Flag Pole and the flag pole on the rock on the opposite shore. If the race is shortened, the Finish Line will be between the R/C mast and the adjacent Mark.

# 16. TIME LIMIT

16.1 Unless extended by the Race Committee, the time limit for the race will be four hours, and boats failing to finish within the time limit will be scored DNF. This modifies RRS 35.

# 17. SCORING

- 17.1 In order of finish.
- 17.2 RRS A8 (Series Ties) shall not apply.

# 18. PROTESTS

- 18.1 A boat intending to protest shall immediately, loudly and clearly inform the other boat(s) of this intention. A red flag is not required. This modifies the RRS.
- 18.2 Boats shall notify the Race Committee at the finish line of their intention to protest unless the Protest Committee has reason to waive this requirement.
- 18.2 All protests shall be filed with the Race Committee within one hour of the committee boat docking for the day or at a later time so announced. Forms will be available from the Protest Committee.

# 19. PRESENTATIONS

19.1 Presentations will be made in accordance with the event schedule.

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